

# Gala supports eating disorder professionals

Community members joined professionals who specialize in eating disorders and their families for a casino night at Providence Hills Clubhouse on December 1. The **2012 Winter Gala**, hosted by the **Charlotte Chapter of the International Association of Eating Disorder Professionals**, also featured a free salsa-dancing lesson led by Metropolitan Ballroom.

When they weren't dancing, the approximately 75 guests played blackjack and roulette. Proceeds supported a Continuing Education Unit (CEU) event for professionals and an educational event for the Charlotte community.

"It also gave people the opportunity to have a winning experience," said Lynn Dreyer, founder of Melissa's Voice Foundation, which promotes financial, emotional and counseling support for those battling eating disorders.

The International Association of Eating Disorder Professionals was founded in 1985 to teach, train and certify professionals treating eating disorders. The Foundation focuses on the estimated 10

million females and one million males in the United States who are struggling with these life-threatening illnesses. Charlotte professionals joined the Foundation's ranks by establishing their local chapter in 2011.

Dreyer expressed gratitude for those who are committed to raising community awareness about eating disorders. When it comes to support groups, she said, "we're really encouraging it to be something for people to consider being involved with." ■

## get involved

**IAEDP Foundation — Charlotte Chapter**  
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*Shutter 16 Magazine.*  
*More photos at www.societycharlotte.com*



Marty and Kathy Kreshon



Tim Evans and Lynn Dreyer



Kelli Mallory, Jim Manly and Angela Redlak-Olcese

# Holiday spirit inspires 500 runners

Although it was unseasonably warm, the absence of chilly holiday weather did not stop the runners from feeling the spirit on the day of the **Jingle Bell Run**. More than 500 runners and 51 teams hit the pavement in Blakeney on December 1 for the 5K run and 1-mile fun run sponsored by Humana to benefit the **Arthritis Foundation of Charlotte**. Puppies even joined in for the first vet-sponsored Doggy Dash.

The Arthritis Foundation is the largest national nonprofit organization that supports all types of arthritis and related conditions. Founded in 1948, it has funded more than \$450 million in research grants. The Foundation helps people take control of arthritis by providing public health education, pursuing public policy and legislation, and conducting evidence-based programs to improve the quality of life for those living with arthritis.

In its second year, the Jingle Bell Run exceeded its goal by raising \$46,000. "The

event was very successful," said Stephani Tucker, Southern Director of Development for the Mid-Atlantic Region of the Arthritis Foundation. "The funds raised will allow us to give scholarships to children to attend the Juvenile Arthritis Conference, which will allow them to learn about their condition, understand the issues and help them manage it." ■

## get involved

**The Arthritis Foundation, Charlotte Office**  
4530 Park Road, Suite 230  
Charlotte NC 28209  
800.365.3811  
www.arthritis.org keyword:Carolinas

*Written by Ashley S. Brown.*  
*Photos by PPT Photography.*  
*More photos at www.societycharlotte.com*



Catrina Spagnuolo, Chloe Nutter, Morgan Peele, Jordan Probst, Lauren Gilbert, Samantha Richmond and Brooke Kinsey



Nolan, Megan and Shane McAuliffe and Ashley Hall



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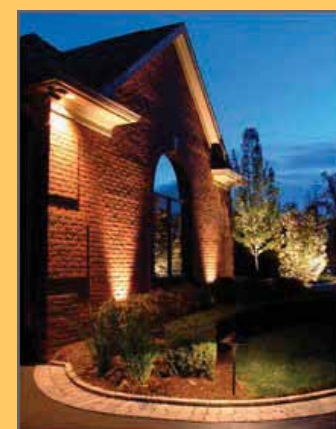
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